

Merrill Area Community Enrichment Center  
Committee on Aging  
July 17, 2014

Committee Members Present; Eugene Simon, Chairperson. Mary Ball, Diane Goestch, Art Lersch, Peggy Jackelen. Chris Malm, Alderperson. Erin Zastrow ADRC Rep. Visitor; Dewey Pfister.

The meeting was called to order at 8:05 am by Chairperson Simon. Motion was made by Ball, second by Goetsch to approve the minutes from the previous meeting as presented. Motion carried.

Program updates and results;

Community Event at Normal Park; August 5<sup>th</sup>. The MACEC will be once again joining the community event. Staff and volunteers will welcome people to learn more about the center and share fresh chocolate cookies.

Bake Sale Relay for Life; A number of Relay Committee Members gathered at the center for monthly bake sales with all the proceeds to benefit the Cancer Assoc.

Senior Strength Exercise Program; The center will sponsor a new exercise program. Jane Francour will be the instructor for the upcoming class which will be held on Mondays from 9:30 – 10:30 am.

Cray Days is scheduled for August 14<sup>th</sup>; Once again the center will be located in front of VIP Office Supplies to promote the center as well as having craft items from the center. This is a wonderful opportunity for us to be out in the community promoting the center's programs and services.

Leaf Casting Classes; Classes will be held as long as the leaves are growing. This is a wonderful class that is held during the summer months as a fund raiser for the center's activity fund.

Golf Club; The MACEC Golf Club is off and running. Each month a golf course is chosen and the group gathers at the center and car pools to the location. This generally runs May through October with 10-14 golfers gathering.

Ageless Wisdom; Kathy Olson and Deau continue to meet weekly on the publication. The materials and pictures have been put into place. The materials will be going to Color Vision to be laid out and we are hopeful for the book to be

completed by mid-September. It has been decided that the cost of the book will be \$12.00 per copy. For anyone who has provided material for the publication the books can be purchased for \$10.00. We are currently looking at purchasing 400-500 books. Olson and Deau plan on going out and promoting the book once completed.

Bus Trip Schedules; Fall events, shopping events and book reviews at surrounding libraries. Deau will sit down with the new director and go over the schedule in August. Deau did complete a three bus driver training class with Transit Director Grenfell and passed. Deau plans on volunteering her time to assist with the shuttle bus outings once she has left.

GWAAR Special Service Award; On September 12<sup>th</sup> at the Kalahari Convention Center Bob Kellerman will present Jane A. Deau with the Special Service Award from the State of Wisconsin for her years of serving Wisconsin's Aging Population. A motion was made by Lersch to approve for payment for both Tammie Mracheck, new Director and Jane A. Deau to the GWAAR Conference on Sept. 10<sup>th</sup> – 12<sup>th</sup> in the Wisconsin Dells. Seconded by Jackelen. Motion carried. Deau invited any board members that would like to attend.

Community Meal; The meals are going well with 60-80 meals being prepared weekly. A sign will be put into place requesting a \$2.00 donation to help support the program. Currently the donation is running far less. It was also explained to the committee that this program is run with financial support from the Bierman Foundation.

ADRC Rep; Zastrow shared that the Powerful Tools Program is up and running. This is a wonderful program for those in the community who are facing the trials of being a caregiver. This class offers the caregiver an opportunity to learn much needed skills on handling stress but mostly how to care for themselves. As caregivers we often forget that we need to be well in order to provide quality care for our loved ones. The MACEC posted this training in our monthly newsletter.

Motion made by Jackelen, seconded by Ball to approve the vouchers from June and July. Motion carried.

No public comment.

Minutes submitted by Jane A. Deau, Director